



## **Pesach Products Guide**

### **Pesach 2020/ 5780**

The status of each production the list below is marked in the following manner:

● - Products certified by Chief Rabbi of Poland that do not need separate certification for Pesach (NOTE: there are crucial remarks next to most of them)

■ - Products that need to have Pesach certificate

**GREEN** - products exceptionally approved this year

<b>Non-food Products</b>	<b>Status</b>	<b>Remarks</b>
Aspirine	●	All
Paper tissues	●	All
Detergents (dishwashing, floor cleaner, shower gels, antibacterial hand gels, disinfectants, etc.)	●	All
Coffee filters	●	All
Aluminum foil	●	All
Rubber gloves	●	All unpowdered
Disposable cups	●	plastic or styrofoam only
Hair spray	●	All
Nail polish, nail polish remover	●	All kinds

Medicine (All capsules, and pills that are swallowed)	●	Flavored lozenges and syrups should be used only with the approval of the Chief Rabbi of Poland
Heartburn drugs	●	All without additives for flavor, e.g. Alkaseltzer, Tums
Hand soap	●	All kinds. Ensure it does not contain grain additives, e.g. oatmeal
Aluminum containers (disposable)	●	All
Styrofoam dishes	●	All
Dental floss	●	Classic type, without added flavor
Air freshener	●	All
Shoe shine	●	All
Disposable diapers	●	All
Mouthwash	●	All e.g. Listerine, Colgate Plax
Liquid for contact lenses	●	All
Products for makeup (eye shadows, lipsticks, foundations, mascara)	●	All kinds (without grain additives)
Paper towels	●	All kinds
Paper napkin	●	All kinds
Straws	●	All plastic
Toothbrush	●	All (remember to buy new one for Pesach!)
Oven cleaning agents	●	All
Candles	●	All (without fragrance)
Disposable plates	●	All plastic-coated paper (for cold dishes), plastic, cardboard, styrofoam
Trash bags	●	All plastic
Bleach / stain remover for fabric	●	All

Food Products	Status	Remarks
White sugar	●	All crystal sugar without dextrose
Tea	●	Black and Green, without added flavors. All herbal teas from the company “Malwa” without added flavors
Eggs	●	As throughout all the year, we make sure the yolk is free of red spots.
Cocoa	●	Natural, without additives
Decaffeinated coffee	■	
Instant coffee,	●	All without added flavors
Coffee beans, ground coffee (unflavoured)	●	Tchibo coffee beans and ground coffee are checked by Chief Rabbi of Poland
Matzoh	■	
Butter (without flavour additives)	●	Butter from OSM Garwolin, OSM Krasnystaw, Lacpol - Wolsztyn, Lacpol - Piotrków Kujawski, Spomlek - Radzyń Podlaski, Mlekpól - Grajewo, Mlekovita - Wysokie Mazowieckie
Matzoh flour	■	
Meat	●	Raw and unprocessed meat need only year normal certification. Make sure that sausages, frankfurters and processed meat have special certificate “kosher for Pesach”
Honey	●	Only natural (honeydew is not kosher)
Milk	●	All kinds <ul style="list-style-type: none"> <li>• must be bought before Pesach from a company that does not produce chocolate milk on the same equipment.</li> <li>• It cannot contain monoglycerides or dextrose.</li> </ul> Example of such company: OSM Garwolin
Coconut oil	●	Cold pressed unrefined without additives
<b>Olive oil</b>		Any type (no additions)

<b>Oils</b>		<p>Oils: from walnuts, hazelnuts, avocados, linseeds, sweet almonds, palm, pumpkin seeds</p> <p>NOTE: Any oil (which is not from kitniyot) bought before Pesach is approved for use</p>
Nuts	●	<p>All raw almonds, hazelnuts, walnuts. There must be no BHA, BHT or other additive (information on the package). When buying in bulk make sure that they are weighed separately from products containing chametz. It is advised to buy nuts in shells. Attention: peanuts are kitniyot</p>
Frozen fruits and vegetables	●	Plain frozen fruits and vegetables no additions
Fresh fruits	●	
Spices	●	Single ingredient spices, dried herbs made by Kamis are checked by the Chief Rabbi of Poland
Raisins	●	Made by: Sun-Made, Del Monte, Dole
<b>Tomatoes preserves</b>		<p>Any tomatoes in cans or glass packaging (whole, sliced, puree) without flavors (herbs or garlic), tomato concentrate/ paste in cans or glass packaging</p> <p>NOTE: it is best to avoid products with the addition of citric acid</p>
Fish	●	Kosher species (trout, salmon, carp etc) fresh, frozen, whole and fillets with skin
<b>Fish: canned productis</b>		<p>King Oscar Sardines in olive oil</p> <p>Tuna in olive oil or own sauce (without additives), e.g. from the brand Rio Mare</p> <p>Salmon in own sauce (without additives), e.g. Graal brand</p>
Baking soda	●	
Juices	●	Natural, 100% juice, without added flavor or vitamins or grape juice.

Salt	●	Without iodine ( NaCl )
Fresh vegetables	●	All vegetables except for beans e.g. white beans, lima beans, green beans, red peas, rice, corn, soybean, mustard, sesame seeds, lentils, chickpeas
Wine	■	Ensure by checking the lable on the bottle: most kosher wines are also kosher for Pesach
Mineral water	●	Still and sparkling without added flavour

**Products from OSM Garwolin and Mlekovita Oddział Wysokie Mazowieckie**

<b><u>OSM Garwolin:</u></b>	<b><u>SM Mlekovita Wysokie Mazowieckie:</u></b>
Masło Stołowe Tradycyjne pergamin 200 gram	Mleko UHT WYPASIONE 3,2%tł. 1l Kartonik z korkiem
Masło Stołowe Tradycyjne pergamin 100 gram	Mleko UHT WYPASIONE 2%tł. 1l Kartonik z korkiem
Masło Ekstra folia 200 gram	Mleko UHT WYPASIONE 3,2%tł. 500ml Mleko UHT WYPASIONE 2%tł. 500ml
Masło Ekstra folia 15 gram	Mleko UHT 3,2 % TWÓJ KUBEK Mleko UHT 2 % TWÓJ KUBEK
Mleko garwolińskie 1,5% karton 0,25 litra	Mleko UHT 0,5% TWÓJ KUBEK Mleko UHT 3,2 % 1 l. Kartonik z kapslem
Mleko garwolińskie 2% karton 1 litr	Mleko UHT 1,5 % 1 l. Kartonik z kapslem
Mleko garwolińskie 3,2% karton 1 litr	Mleko UHT 0,5% 1 l. Kartonik z kapslem
Śmietanka 30%	Masło Ekstra POLSKIE Kostka 200 g Masło Ekstra POLSKIE Kostka 100 g Masło Polskie Ekstra osełka Osełka 300 g Masło ekstra osełka / pergamin/ Osełka 0,5 kg



List was made under supervision of Chief Rabbi of Poland Michael Schudrich

Preparation and update: Kalina Kościńska

[www.koszernapolska.pl](http://www.koszernapolska.pl)

English translation: Mikołaj Krawczyk